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Tasks Unlimited is a 501(c)3 nonprofit organization.
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Guided by the Fairweather Model, Tasks Unlimited provides supported employment, housing and recovery services to create opportunities for people with mental illness so they can achieve their full potential.



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612.871.3320

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INFO@TASKSUNLIMITED.ORG

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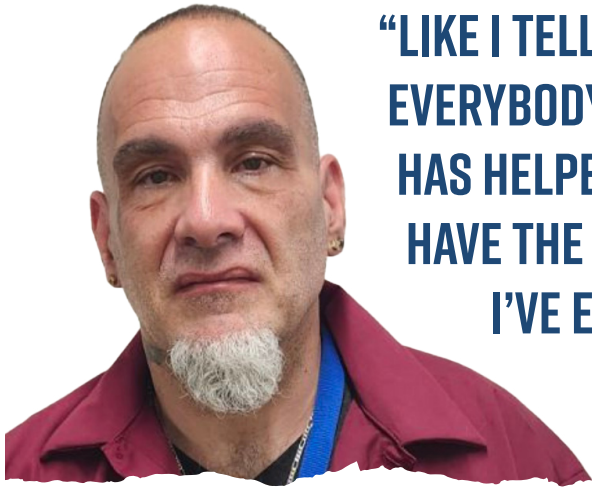


Seblewongel Fissiha
PATH Outreach Coordinator

PATH SERVICES NOW OFFERED AT NOOC

Thanks to funding from the Minnesota Department of Human Services, Tasks Unlimited added PATH (Projects for Assistance in Transition from Homelessness) services at the Northeast Outreach and Opportunity Center (NOOC). **These services have already reached 30 people as they transition from long-term homelessness to greater stability.**

Through PATH, Tasks is creating pathways to stability by offering targeted outreach, mental health and housing support, and giving a voice in program design to people experiencing homelessness. This is another step in our mission to support people with mental illness in achieving sustained wellness, meaningful employment, and stable housing.



“LIKE I TELL
EVERYBODY...TASKS
HAS HELPED ME
HAVE THE BEST YEAR
I’VE EVER HAD...”

FINDING STABILITY & A SUPPORTIVE COMMUNITY

Tasks Unlimited tracks a range of outcomes to measure how well our programs are meeting community needs. For example, 90% of our clients report that their ability to manage mental health symptoms has improved since coming to Tasks.

While we are proud of those outcomes, the data leaves out **a big part of the story: the story**. When participants share their journeys with us, their words speak, literally, to Tasks’ impact. Michael’s story is one.

“I was adopted as an infant into a dysfunctional home environment,” shares Michael. “As a kid I found myself getting into trouble and making poor decisions. I spent years in and out of juvenile detention, got caught up into drinking, drugs, joined gangs, and committed crimes. I have spent most of my life bouncing between criminal activity, addiction treatment centers, homelessness, and prison.”

In 2024, Michael decided he wanted to get sober and start over. At that point, he had been unemployed for 20 years. Walking down Nicollet Avenue, he passed the Tasks office and stopped in to see what we had to offer. In June, Michael joined the Jobs Training Program and, thanks to our Benefits Cliff partnership with Hennepin County, continued receiving critical benefits, uninterrupted.

Michael quickly excelled, **earning a permanent position as a janitor at the Minneapolis Federal Courts**, where he now works 20 hours per week. At this supported employment worksite, he receives vocational support while on the job, along with the flexibility to focus on his mental and chemical health, including adjusting his hours to attend AA meetings.

Michael has been a mentor to his peers at the jobsite and at the Tasks Resource Center, where he takes part in activities such as fishing on the St. Croix and even weaving a Vikings scarf for his dog. Michael shared that he **never felt he was a part of a supportive community before coming to Tasks**. Now, he has referred others and is eager to share how far he’s come.

“Like I tell everybody, everything I received from Tasks has helped me have the best year I’ve ever had. Due to this program, the grants, the help, and the support from staff. It’s awesome.”



MAY IS MENTAL HEALTH AWARENESS MONTH

In Minnesota, 819,000 adults live with a mental health condition. Yet more than **half go without treatment** each year. For 1 in 3, cost is the barrier.¹

Mental illness doesn’t define a person, but without support, it can make everyday stability harder to maintain.

61% of people experiencing homelessness report a serious mental illness.²

The unemployment rate for Minnesotans with disabilities, including mental illness, is **more than double** the general population.³

We know mental health and stability go hand in hand. Our programs offer **supportive housing, employment opportunities, and peer-led care** rooted in dignity.

Mental health care is health care. Let’s keep building community together.

¹ NAMI Minnesota Fact Sheet (2023)

² Wilder Research, Minnesota Homeless Study (2023)

³ Minnesota Council on Disability (2023)